

Cholesterol time

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The famous *Viennese surgeon and scientist Theodor Billroth* (well known for the author's operations to remove part of the stomach in peptic ulcer disease) asked his students to conduct an interesting experiment. The thyroid gland **was removed from goats and sheep.**

The result was completely paradoxical. The operation led to a sharp jump in cholesterol levels and total atherosclerosis of the arteries, including coronary arteries. So, **herbivores which have never tasted cholesterol-containing animal food have developed atherosclerosis.**

It was **suspected** that **decreased thyroid function** could lead to **atherosclerosis**. Later, these assumptions were confirmed in humans. It is the **insufficient function of the thyroid gland, and not animal fats**, that is one of the main causes of atherosclerosis. Since the XIX century, atherosclerosis has been successfully treated with small doses of thyroid hormones.

In the second half of the twentieth century, a theory appeared, **the consequences of which are equivalent to carrying out mass genocide.**

*The birth of the theory that the cause of atherosclerosis is the use of cholesterol-containing animal food **was implicated in the selfishness of narrow-minded scientists and the greed of pharmaceutical companies.***

Many millions of patients with atherosclerosis have fallen victim to it.

Among the victims was **US President Dwight Eisenhower**, who **was put on a low-cholesterol diet** immediately after the first **myocardial infarction** by doctors. Despite the diet, **cholesterol levels continued to rise.** The **MORE SEVERELY animal fats WERE RESTRICTED, the HIGHER THE CHOLESTEROL LEVEL ROSE. ALONG WITH CHOLESTEROL, WEIGHT ALSO INCREASED.**

The result of improper treatment turned out to be sad: the president had several more heart attacks, which eventually led to cardiac death. **Presidents are not treated by the most knowledgeable doctors.** If the attending physician of **President Dwight Eisenhower** had listened to the advice of his knowledgeable colleague **B. Barnes**, then perhaps, the course of history and the direction of **scientific research would have gone a completely different way.**



Many millions of dollars were thrown into the furnace of unsuccessful scientific developments in order to confirm the "culpability" of **animal fats** in the occurrence of **atherosclerosis** and **myocardial infarction**. Up until today, **NO REAL EVIDENCE HAS BEEN PRESENTED**.

However, the **general public was not informed about this**, and the anticholesterol **drug lipitor (lipimar, etc.)** successfully holds the **lead in sales**.



To lower the cholesterol level, President Eisenhower could have been helped by another means: **the exclusion of "dense" carbohydrates from the diet**. It is **sweet, starch-rich and refined foods** that are the **second most important cause of high cholesterol**.

Meanwhile, **Rudolf Virchow**, the father of physiology, wrote that cholesterol has never been the cause of atherosclerosis, it appears only at the final stage of arterial damage. Cholesterol comes for "wound healing," however, **has never been the cause of this "wound,"** the scientist claimed. Elevated cholesterol levels are ONLY A SIGN of **atherosclerosis** inflammation. **Damage to the walls of the arteries is caused by many factors**. For example, **elevated blood glucose and insulin levels**.



It is not surprising that **half of the people** who had a myocardial infarction had **normal cholesterol levels**. Conversely, people **with low cholesterol have twice the death rate**. There are many proofs of the failure of the cholesterol myth. For example, the population of the **northern part of India** consumes **17 times more animal fat** than the population of its **southern part**. However, the frequency of atherosclerosis of the myocardial arteries in Northerners is **five times lower**.

Cholesterol is an essential substance that also has antimicrobial properties. It is necessary both for the **intrauterine development of the fetal brain** and for the **normal function of the central nervous system**. It's not for nothing that **23% of cholesterol stores** are in the **Brain**. If many generations of our ancestors had been on a low-cholesterol diet, then, I'm afraid, **the Human Brain would have become like a jellyfish**. It is not surprising that it is **low cholesterol** that leads to a decrease in memory in middle-aged and older people.

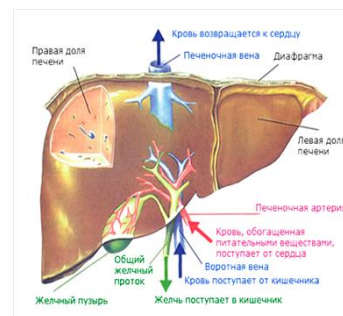
I especially want to emphasize the **vital necessity of cholesterol** as a **building material** for the synthesis of **vitamin D and hormones**, in particular **sex and adrenal hormones**.



It is a low-cholesterol diet that weakens the body's ability to fight stress.

The absence of **animal fats in the diet** forces **the liver to work with overload**. Since cholesterol is critically necessary for vital activity, **the liver is forced to synthesize it from what is available** — from carbohydrates. Cholesterol synthesis requires the liver to mobilize huge resources. **The lack of cholesterol in the diet is a real crisis for the liver!** Wouldn't it be better to give her the opportunity to do the work of **removing toxins?**

I'm afraid that no one knows that **cholesterol is an antioxidant**, and **lowering its level increases the risk of cancer**, sexual dysfunction, memory impairment, Parkinson's disease, stroke (yes, stroke!), **suicide** and even **aggressive** behavior. Isn't that why there are so many cases of the use of firearms for the purpose of mass murder, for example, in schools, in America that is obsessed with a low-fat diet? So I ADVISE YOU: if someone brags about having **low cholesterol**, it's better to be **extremely polite** to such a person...



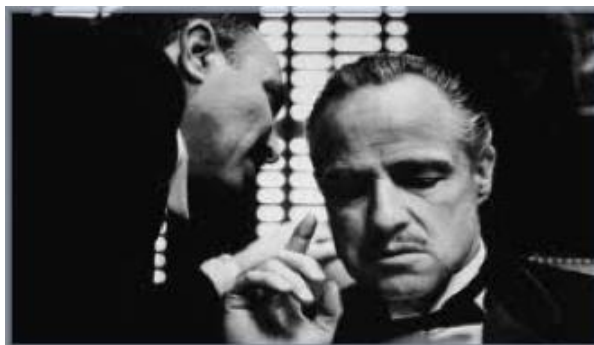
No one will argue that gray hair is the cause of old age. Similarly, **cholesterol is not the cause of myocardial infarction**. The myth of cholesterol has led to the fact that the enemies of heart health are declared extremely healthy food — **animal fat**. **It came to an absurd "circumcision": the protein was cut off from the yolk and the most useful part of the egg was thrown away.**

THE OPINION OF AN AMATEUR FROM SCIENCE...

Until now, there have been no problems in the formation of the **consciousness of society** — **it does not exist**.

If a development program (in our case, a **program for creating DRUGS "FOR CHOLESTEROL"**) has been formed, then the corresponding **mafia structure** selects the **appropriate management system** for the program and presents it to society, having previously **"indicated the cleaning of the ice hole."** The **unconscious elements** of society (those who understand and those who are against) **submit to the implementation of the developed program by destroying them, suppressing them, enslaving them, etc.**

For 500 years of the existence of medicine, no one has paid attention to these little things, so you can report big victories over the Mind without attaching importance to them. Without knowing the meaning of the life of a living cell and the normative data of its existence, connection with the Brain, it is impossible to talk about medicine. It is no secret that modern medicine works only with inanimate structures.



Experiments are only carried out on **living structures**. Let us explain that each cell of the body is controlled by the Brain, the **control system** of modern medicine is unknown. In addition, **the structure of the living cell itself is unknown**.



Studies under the microscope is **research of a non—living structure** (devoid of connection with the control system), **Therefore, all recommendations relate only to dead structures**. In addition, the Brain itself forms sensations, on the basis of which the instrument part for low-level research is built, and if the Brain has changed the formation of sensations for some reason, **this does not mean that the outside world has also changed**.

