

2.17. From survival to Life.

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Hello, dear Readers!

In this article I want to share with you the results that I managed to achieve when interacting with the "SvetL" Complex. It so happened that I had accumulated a lot of unanswered questions and a number of tasks that required urgent solutions. When I started looking for information for specific actions, I discovered a certain information vacuum in the area of interest to me. To great Joy, a large number of Magnificent Works of Brilliant Russian Scientists and Researchers, such as Levashov Nicolai Viktorovich, Khatybov Alexander Mikhailovich, Makov Boris Viktorovich, Shkrudnev Fedor Dmitrievich, are already available in the library. There are also excellent articles by admirers of these works.



However, in the total amount of information, these are crumbs, and very often, one of the most frequently asked questions in Russia "What do we do?" remains unanswered. There are answers, but they lie in Works that need to be Read, Understood and Comprehended, [Turning the information left to us by Geniuses into our own Knowledge](#). I would like to recall the film "Lucy" by Luc Besson, or rather the main message of this film. I quote from the results of the first competition for this film: "**According to Luc Besson, the main IDEA of the film is HOW IMPORTANT IT IS for people to PASS ON KNOWLEDGE TO THE NEXT GENERATIONS.**

"What she (Lucy) **realized in life is that it is IMPORTANT** to pass life **ON**. What you **LEARN**, you **PASS** on to the next generations. The idea is not that you need to **DO SOMETHING** in life, but that **YOU NEED** to **PASS LIFE** on, **PASS KNOWLEDGE** on. She (Lucy) does not decide who is good and who is bad, she just **UNDERSTANDS SOMETHING** and **PASSES** this **KNOWLEDGE** on," **SAID "BESSON"** (I put the last name in quotation marks here and I hope you understand why). Now we will "sift through" what Besson said (without quotes here) and get the answer to the question. It is short and concise, as required. **IT IS NECESSARY TO CONVEY LIFE** (it is clear why and how).

YOU need to **LEARN** and gain **KNOWLEDGE** as much as possible in your life (find, retrieve, unearth, comprehend, make this Knowledge **YOUR OWN**) and **TO PASS** it on... here for your reflection – to pass on to children, to pass on to people, to pass on to the next generations. And it doesn't matter in what form or how. **IT IS IMPORTANT TO GET IT YOURSELF, TO KNOW** and **PASS IT ON!**" Given this message, I share my Experience with you. I sincerely hope that everything described below will help you in your [Recovery and Development](#).



The essence of my situation was as follows. Despite the presence of the "SvetL" Complex, my health left much to be desired. **There was also serious progress.** But the **reality** was that the level of tasks facing me was growing before my eyes, and there was not enough left of my health, even at the level of last year.



Specific health problems were as follows: severe chronic fatigue, serious sleep problems, pain and muscle tension, mental disorders in the form of periodic attacks of unexplained fear and paranoia. If you put it all together, then the condition was pretty bad. And very difficult for life.

I had to start improving my health with "SvetL" Technologies, generally in a state of the most powerful disorder of the central nervous system and the deepest depression. So, the answer to the question from the category - does the "SvetL" Complex work or not work, is obvious to me.

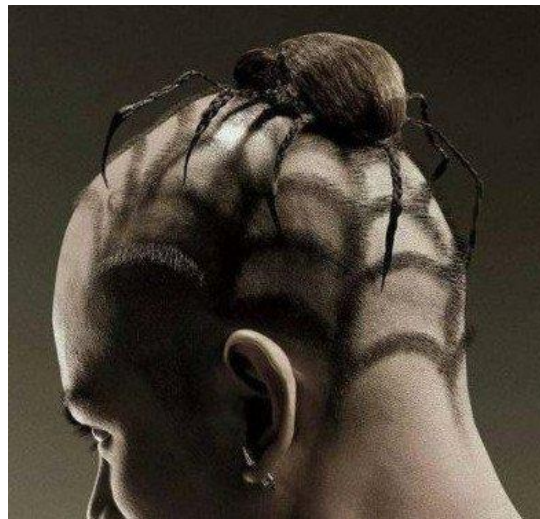


I have absolutely no desire to prove anything to anyone!!! I was faced with the question of biological survival and "SvetL" Technologies solved this issue! Thanks to the Gift-Given Creation of Nikolai Viktorovich, I managed to survive!!! The task was to come back to Life. And after implementing a number of recommendations, I managed to make the first qualitative leap in this direction. I'll Be Honest with You: they helped me a lot, but I had to make sense of everything myself. It is these recommendations, as well as my own understanding of them, that I want to share with you.

Everything that is written below implies that a person has a "SvetL" Complex. I'll be honest: I don't know what to do for People who have health problems like mine or worse, who, for a number of reasons, have only a "SvetL" Bracelet.

There is one recommendation: by all means, except for loans, strive to purchase the "SvetL" Complex. The "SvetL" Complex is called a **COMPLEX** for a reason and It is able to solve an incomparably larger range of Tasks. This in no way detracts from all the advantages of the "SvetL" Bracelet. The "SvetL" Bracelet is A Wonderful Creation That Can Provide the most serious help To A Person. Believe me - I know what I'm talking about: I started with the "Mind" Bracelet myself. But if there are serious health problems - the Complex is definitely needed!

So, you have a "SvetL" Complex. And the main question that a Person faces after activation is which positions to choose?! Almost everything is described in detail in the user's instructions. But which positions to activate is a Person's choice, it all depends on his ailments. It's clear that everyone has their own. But there are a number of common problems that all People have without exception. I ask you to pay attention to this, it is really important.



IN MY OPINION, firstly, all living people, without exception, were the object of the experiments of the Ebr and their Program of energy biogenesis of the flesh. The main goal of this program was to obtain a Human shirt (a controlled physically dense body) with the possibility of inserting a spider essence into it - the essence of Ebra. And there is no organ in the Human body that would be more perverted than the Brain. Therefore, paragraphs 2-15 in the brain section, in my opinion, are mandatory for everyone. The Brain needs good nutrition, and, accordingly, blood supply.

Therefore, item 3 in the cardiovascular system (arteries of the head and brain, temporal and facial arteries, left common carotid artery, subclavian artery, intercostal arteries, brachial, radial, ulnar, axillary arteries) is also required to be launched. It is the topic of normalizing the nutrition of cells and the withdrawal of their waste products, as well as slag and toxins, that should become our goal. This step is necessary on the way to gaining health. I recommend everyone to carefully read the article [Knowledge from Na chala 1.28 "ADDITIONS to the knowledge of users of the "SvetL" Programs Simplified basic "block diagram" of the functioning of the Human body according to A. Khatybov"](#). This article presents a new anatomy, a new concept of understanding the functioning of the Human body. And this will be our guide to action.

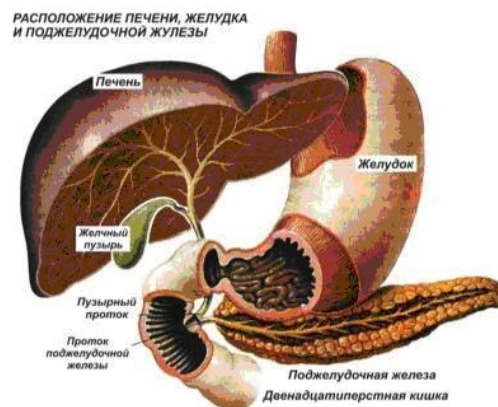


We settled on the Brain, the main control center, the system that sets the pace of life of our entire organism. Now we will provide our body with a power supply, our lungs are responsible for this. Therefore, **in the respiratory system, we select the following items: 5 - bronchi, 6 - right and left lungs, 9 - pulmonary artery and pulmonary veins.**

Now let's take care of the production of food for our consumer cells directly, let's move on to the digestive system. Select **item 14 - gallbladder, common bile duct, this is our food production workshop.** We also need to choose the **liver, item 13.** The liver is a workshop for the production of containers for food. However, his work depends entirely on the catalyst production shop. This role is performed by the **thyroid gland, item 5 in the endocrine system.** And the

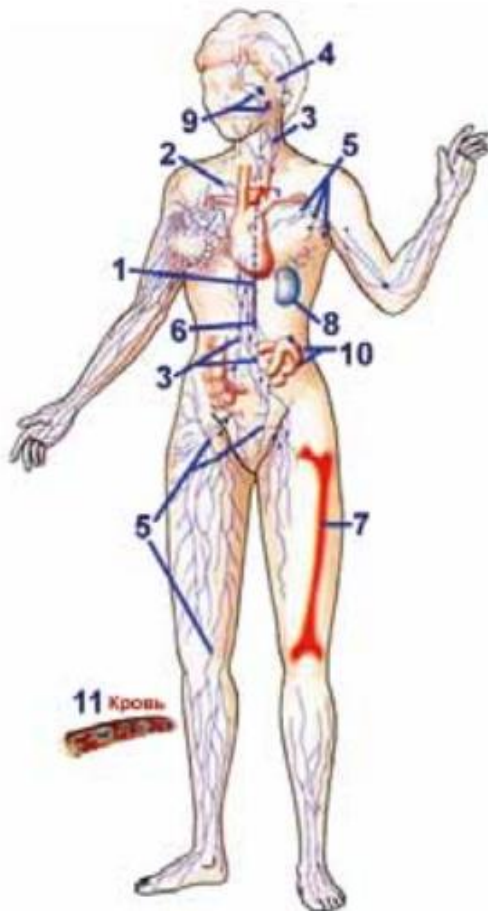
catalyst is called iodine. We also cannot ignore **the pancreas.**

The pancreas is an organ imputed by interventionists. Before the change of the system power, this body was under special control. It was through the correction of the work of this organ, by broadcasting a certain frequency to the brain, that the elimination of people who did not meet certain parameters of the control system was carried out. This body is still very important. Without a pancreas, a person does not live, fundamentally. Everything depends on the work of the pancreas — all metabolic processes, feedback from the Brain, production of address tags for containers (insulin), management of docking nodes, etc. Each container is designed for a very specific cell, and no other cell in



normal operation can capture someone else's container and, moreover, change its labeling. The pancreas is a regulator of the dimensions, weight and contents of containers produced from the warehouse. **Item 12 in the digestive system is strictly mandatory for selection.**

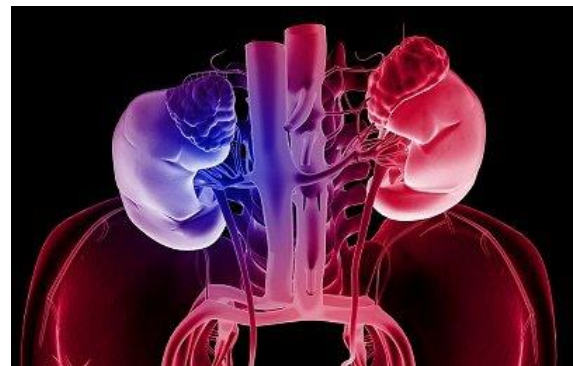
There is another organ that we cannot ignore in any way by adjusting the cell nutrition system. This organ is the **heart**. The right atrium of the heart is the assembly chamber in the container. This is a kind of magnetron, where with a clock cycle of about 1c, food is packed into a container. After packing, the container enters the left atrium, from where it is then sent to the address "pasted" on it. **Activate item 1 in the cardiovascular system.**

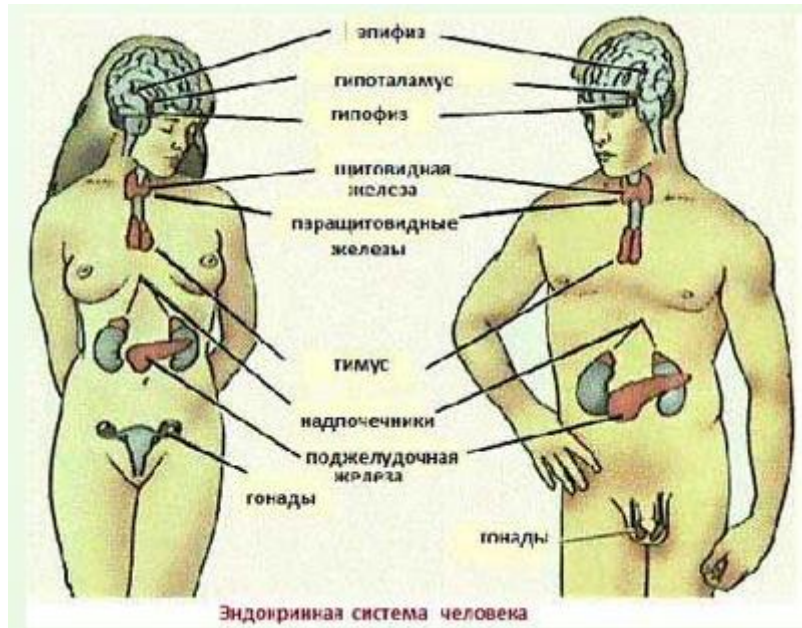


We have activated the most key positions necessary for the normalization of cell nutrition. Now we will take care of the removal of toxins from the body, as well as the elimination of their main source – various infections and parasites. To do this, we need to normalize the work of the lymphatic, immune and hematopoietic systems. And the most interesting thing is that these systems are connected in a Complex in one section. The first priority is the **Brain**, activate **item 4 - lymphatic vessels and nodes of the head**. Next, **item 1 - thoracic lymphatic duct**. Through the thoracic duct, lymph flows from the lower extremities, organs and walls of the pelvis, the left part of the thoracic cavity and the abdominal cavity. Next, **item 7- bone marrow**. The bone marrow is the most important organ responsible, first of all, for hematopoiesis. Now **item 8 - the spleen**. The spleen is the main source of the formation of circulating lymphocytes; it acts as a filter for bacteria, protozoa and foreign particles, and also produces antibodies. And, of course, **item 11 – blood**. Blood performs many functions, the main ones are: transport, protective, homeostatic.

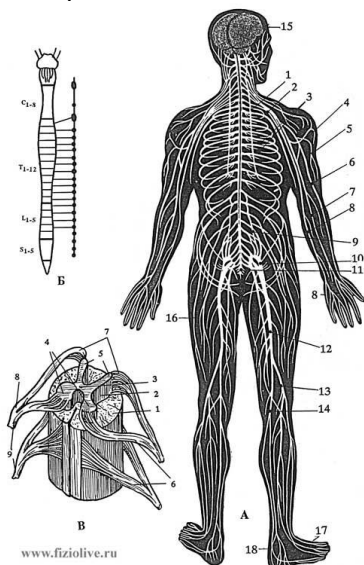
We should also think about removing toxins in the form of water solutions. The main burden in this work is borne by the kidneys. Therefore, we need to switch to the urinary system and activate **item 2 – the right and left kidneys**.

It may seem, well, that's it, now it's a complete set. But this is not quite true. There is a regulating system in the body and it is the endocrine system.





This is a system for regulating the activity of internal organs through hormones secreted by endocrine cells directly into the blood, or penetrating through the intercellular space into neighboring cells. It also needs to be configured. The operation of this system is often seriously disrupted. The main cause of these disorders is **the consumption of meat grown by adding**



hormones to animal food. The intake of artificial hormones into the body stops the production of its own. And if we take into account that in modern animal husbandry doses of hormones are used that exceed all permissible norms, then the imbalance of the body can be very significant. Then we need to choose the following items: **2 - epithalamus, epiphysis, 3 - pituitary gland, 5 - thyroid gland, 6 - adrenal gland. 7 - the pancreas.** We have already met with the pancreas. But I will not be able to fully explain the functions of other organs. I don't have enough knowledge yet. Even official medicine admits that not everything has been studied in this system yet. But the fact that this is an extremely important system for life is **a fact.**

With any change in the stress load to one degree or another, each gland secretes the necessary portion of hormones, the balance of which must be strictly observed. It is enough to remember what problems with the thyroid gland can turn into.

We have chosen almost everything that is needed, it remains to ensure the passage of all control signals of the brain to all organs. To do this, we need normalization of the nervous system. The brain is already active, we need more items: **3 - spinal cord, membranes and 7 - lumbosacral plexus, coccygeal plexus, ponytail.**

As a result, **we get a fairly large list of required positions to launch, based on my ideas.**

Let's repeat for generalization:

Cardiovascular system: 1- heart, coronary arteries and veins, nerve conduction system, heart valves, pericardium. 3-arteries of the head and brain, temporal and facial arteries, left common carotid artery, subclavian artery, intercostal arteries, brachial, radial, ulnar, axillary arteries.

Respiratory system: 5-bronchi. 6- right and left lungs. 9- pulmonary artery and pulmonary veins. 10- the heart.

Digestive system: 6 – stomach, stomach pylorus sphincter. 12- pancreas, pancreatic duct. 13 – liver, hepatic duct.

Nervous system: 1- brain. 3- spinal cord, membranes. 7- lumbosacral plexus, coccygeal plexus, ponytail. Lymphatic, immune, hematopoietic systems: 1- thoracic lymphatic duct. 4- lymphatic vessels and nodes of the head. 7- bone marrow. 8- spleen. 11- blood.

Brain: all positions except 1- skull

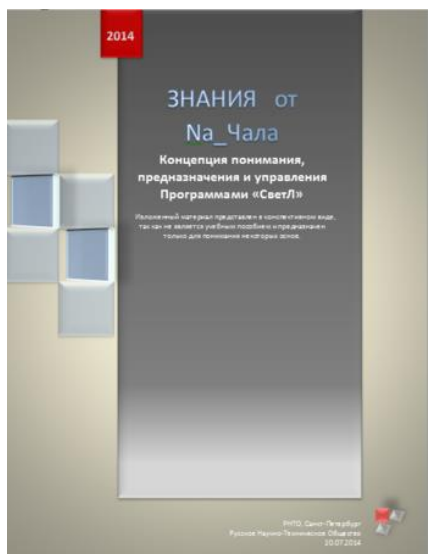
Endocrine system: 2- epithalamus, epiphysis. 3- pituitary gland. 5- thyroid gland. 6- adrenal gland. 7- pancreas.

Urinary system: 1- adrenal gland. 2- right and left kidneys.

If all positions are counted, it turns out that **33 positions** should be active. This is at the very minimum, choosing the most necessary. Only three items remain free, which also have to be chosen wisely. Unfortunately, the health situation of the absolute majority of people is very, very sad. Even if there are no diseases in the acute phase, then everyone has these or other sluggish and chronic diseases. This is our harsh reality. The issue of people's health is the most important issue for today. And not only in Russia. We will return to this topic later, but now I would like to talk about [how to choose positions](#).

This is really worth paying serious attention to. **"How" to choose is no less important than "what" to choose!** The question is, well, what else can you think of here? Everything is written in detail in the user manual. No one has had any problems with the choice of positions yet. Yes, it did not arise. **And with the efficiency of using the "SvetL" Complex?!** I think many people would like to increase by an order of magnitude the degree of interaction with the "SvetL" Complex and the speed of recovery processes. Based on my own experience, I will say that this is more than possible.

However, in order to do this, you need to radically change your view of the "SvetL" Technology as a whole. A lot has already been written about "SvetL" Technologies. But most, even the owners of the Complex, continue to look at everything related to the "SvetL" Programs, as quite mundane. I am in no way claiming to be the ultimate TRUTH. I just want to **show exactly my point of view**. Since the **awareness of a number of things** helped me in finding Health.



Surely, many of you have read the series of articles [Knowledge from Na_chala](#). It says more than once that "**All TECHNOLOGIES and PROGRAMS** under the "**SvetL**" "brand" are developed and coordinated with the System, both in their true essence for the performing actions of all People using them, and according to the Tact of event time." I suggest that everyone **carefully read this phrase again**. Reread it several times and understand, realize and understand!

Direct all your attention and feel every Word sensitively. And behind these words, very serious information will open up to you: "**All TECHNOLOGIES and PROGRAMS** under the "**SvetL**" brand have been developed and coordinated with the System."

I think it is clear that **the word "System" means the Earth's Control System**. Now let's go further, "according to the true essence for the performing actions of all people." Let's turn to the legacy of the infinitely respected Nikolai Viktorovich Levashov and remember what the true essence of the existence of our Midgard-Earth is. To do this, we will open the second volume of "Russia Viewed Through Distorted Mirrors". Yes, this Work is banned by the "court" as extremist. The ruling of the "court" only forbids from distributing this book. But you can read it for familiarization purposes. And even necessary! **For informational purposes only**, we open the first chapter and read the following lines:



**We came
from the stars...**

"And this particular significance lay in the fact that a certain experiment was conducted on Midgard Earth by the Light Forces, the purpose of which was to obtain a fundamentally new type of intelligent being."

*"In other words, our Midgard-Earth gathered not just immigrants from different planets-Lands inhabited by the White Race, **but those representatives of these civilizations who carried the most powerful genetics** that allowed them to reach the level of creation. And this clearly indicates the conduct of genetic selection, the purpose of which was to obtain fundamentally new qualities and capabilities from the descendants of carriers of such genetics, which would allow in the future to find a fundamental solution to the problem of fighting the Dark Forces, Star Wars with which never stopped.*

The task of this experiment was to find an evolutionary solution to this problem, and not a technocratic one, since any new technical solution, sooner or later, fell into the hands of the Dark Forces and after that they, copying a new technical achievement of the Light Forces, turned it against the creators.

After all, only the evolutionary acquisition of an intelligent being is impossible or, at least, very difficult to capture and use in full in the interests of the Dark Forces."



Have you remembered who we are, where we are and why we are here? It is vital to remember every moment. Despite all the hustle and bustle of everyday affairs, **start looking at everything from the point of view of the Evolutionary Development of your Essence.**

This is one of the habits that is really worth developing. It will help you remember who you really are. And it will also help you better organize your time and avoid empty "affairs" if possible. It will turn out "Evolutionary time management". And it will really be useful, because time is a valuable resource that is practically non-existent today. So, let's use what we have to the maximum.

I think a little practical distraction would be useful.

We are returning to the "SvetL" Technologies. The second point to which serious attention should be paid sounds like this: "... **NO technology "launched" by Nikolai Levashov WILL EVER be stopped by ANYONE...**" Technology can be created and "launched" based solely on knowledge and understanding. Nikolai Viktorovich Levashov possessed both without a

doubt. It is difficult to take and list all the Discoveries that this Outstanding Russian Scientist made. However, let's recall one of the most important, most fundamental discoveries from the public today. To do this, we will again turn to the Primary Source, namely, the first volume of Nikolai Levashov's Autobiography. The chapter we are interested in is called incredibly succinctly – "Problems of vertical evolution"

*"... the evolution of life at the physically dense level took place from unicellular organisms to complexly organized multicellular ones, at a certain level of development of which intelligence arises. And with the **vertical evolution of the mind**, the process goes in the **opposite direction** — from a complexly organized multicellular organism at the level of a physically dense body, to a group of cells that create the seventh material body! It turns out that each subsequent body of the essence of a person is simplified, and the seventh material body of a person is practically **something like a volvox** - a small colony of identical unicellular organisms."*

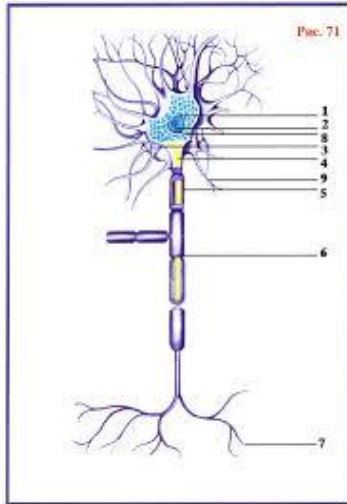
This description resembles the essence of the well-known "vertically integrated", for whom the brain restructuring did not help them to correctly evaluate and understand what N. Levashov created, due to the fact that they followed the previously developed skills of cognition, laid down by the Ebrov System in the Development Program. This is a very important factor that everyone who has "SvetL" should take into account.

"And the dilemma is the following — the capabilities of a person's mind, one way or another, are determined by the complexity of the organization of his nervous system, and first of all, the brain. In any case, the human brain is a tool for human development, and the capabilities of the brain determine the capabilities of human development. Therefore, the human brain, as a development tool, is also a brake on its development for one simple reason — the number of neurons in the human brain is limited by the volume of the cranial box. The power of this instrument of human cognition is thus directly related to the volume of the cranial box."



*"Due to the fact that I was able to understand for myself about the nature of living matter and the work of the human brain, I came to the conclusion **that memory, consciousness,***

and human thinking itself do not occur at the level of physically dense brain neurons, but at the level of the second, third, etc. bodies of the same neurons. The first thought "ran" through a person's head when the second and third bodies of neurons closed together, creating horizontal chains of the bodies of brain neurons at these levels! The thought "ran", and since then "runs" better or worse in the minds of the living. It was the possibility of closing the bodies of neurons at the level of the essence that became the foundation for the emergence of consciousness and reason."



*"The thought process takes place **at other material levels of brain neurons**, and physically dense neurons only provide this process. They (physically dense neurons) are only the foundation that provides the process itself, but they themselves do not participate in it (they provide other levels of the brain with **potential** and supply information received through the senses). Without this foundation, the emergence of consciousness is impossible, but, nevertheless, consciousness itself, mind, arise on other material levels of all the same neurons."*

"The number of neurons is important only at the primary phase of the emergence of the mind, since only if there is a certain number of interacting neurons of the brain, the origin of the mind is possible. At the very initial stage, the minimum number of interacting neurons is very, very important, but nothing more."

After the necessary and sufficient conditions for the emergence of mind have been fulfilled. the number of neurons ceases to play a decisive role. After the origin of the mind, other material bodies of the same neurons begin to play a decisive role — the level of development of the second material bodies, and especially the third and in the presence of these — the fourth, fifth, etc. bodies of neurons. These material bodies are also part of the human brain, but the vast majority of people do not even suspect their existence."

"When all this became clear to me, I had a "crazy" thought! If the number of physically dense neurons in the human brain is limited by the size of your skull, then there is no skull at other levels of the brain, which means that you can develop your brain by developing other levels of brain neurons, while the number of neurons in the skull will remain the same. Thus, it became possible to overcome a seemingly insurmountable obstacle — the limitation of the volume of the human brain due to the size of the cranium! I had a thought — if it is impossible to enlarge the brain at a physically dense level, then why not change the size of the brain at other levels?! After all, there is no cranium at other brain levels, which means that there are practically no obstacles to increasing the size of the brain at other material levels. Said —done! As always, I became the "rabbit" for the next experience. Without delaying the matter, I started implementing my new idea. Taking the already existing material bodies of my own neurons as a model, I began to increase the volume of my brain at other material levels. I increased it by a little at first... and began to observe! I did not experience anything unexpected and unpleasant at the same time, I did not fall under the "weight" of my new brain, and decided, without thinking too long, to continue my experiment to increase the size of my brain at other levels."

I first increased its size to the size of... a planet and began to observe. No side effects were observed and this prompted me to think, why not increase the size of my brain further. If it

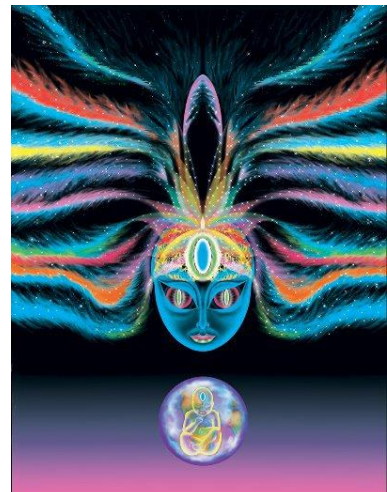
is possible to increase the size of the brain at other levels to the size of a planet, then why not make it the size of the solar system, our galaxy, etc. And as incredible as it sounds, I did it." Anyway, all my experiments to increase the volume of my brain at other material levels of neurons were crowned with success. As a result, I myself turned out to be like a small grain of sand inside my huge brain with dimensions of many billions of light-years, no matter how incredible it may seem from the point of view of earthly ideas. However, in such a situation, there was a not entirely unusual feeling, as if everything was "trampling" in my brain. And I didn't like the feeling, I didn't even like the idea. And I immediately had the idea to do something about it. Said and done. And the solution was very simple. I just decided to collapse all of such a huge brain on other material levels of neurons into one neuron. And... everything worked out.

As a result of this action, I received a fundamentally new brain neuron, which carried the potential of a brain the size of our galaxy! After that, I decided to replace all the other brain neurons in the image and likeness of this neuron. And I did it again.



*As a result, all the neurons of the brain carried folded structures of incredible size, from a human point of view. I played with it a bit, repeating the whole "procedure" several times. In addition, I decided to **change all the other cells of my body** in a similar way, fortunately those actions with dimensions **on other levels** of reality, folding and unfolding of newly created structures, did not affect the physical world. In the sense that nothing changed externally for me, everything happened on other levels that most people were not even familiar with. And that was the whole "charm"! It was possible to create something incredibly large at other levels and "attach" it all to an incredibly small (if you compare the sizes) at a physically dense level, for example, my own physical body and even to one neuron!*

From the fact that I did it and from the opportunities that opened up as a result, my soul rejoiced. It is thanks to the fact that I did this that it became



possible that I could have any number of essence bodies, and not as many as it is said in the teachings of the Hindus. But the most important thing is not the number of essence bodies, but the fact that my similar approach allowed me to break out of the natural limiter of development. I don't know if anyone else managed it and in what way, but I managed it that way! And most importantly, this approach to solving the problem allowed me to solve this problem once and for all!"

The fact that "SvetL" Technologies can contribute to Human Development has never been hidden. This has always been openly discussed. Even if we just look at the healing process, it is nothing but a restructuring of the body. Since in order to restore damaged organs and tissues, the "SvetL" Complex needs to destroy morphologically damaged cells and grow healthy ones in their place. The SvetL complex Rebuilds the damaged area to a healthy one. **But behind this lies a lot of qualitative transformations of the body.** I paint all this with one goal – to explain that the owners of the "SvetL" Complex have the opportunity to qualitatively change themselves since the activation of this amazing Technology. The initial step is healing, which proceeds at such a speed that a Person is able to endure, minus the cumulative effect of all positive and negative factors. Yet, this is not the limit, this is the beginning of the beginning. Where a Person moves on depends only on him.



**ВОЗМОЖНО ВСЕ!
НА НЕВОЗМОЖНОЕ ПРОСТО
ТРЕБУЕТСЯ БОЛЬШЕ ВРЕМЕНИ.**

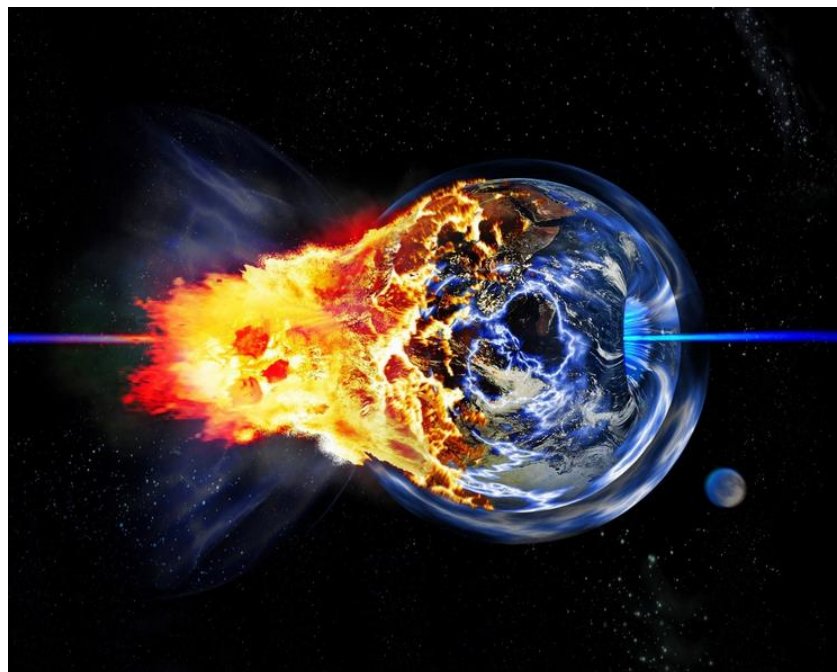
ANYTHING IS POSSIBLE! THE IMPOSSIBLE JUST TAKES MORE TIME.

The "SvetL" Complex Creates **the necessary conditions** for a qualitative transformation of a Person. But only the necessary ones. The **Person** himself makes them sufficient. And his success depends only on him. And the potential for this is limitless. Up to the qualitative restructuring of the Brain, I am convinced that this is embodied in the "SvetL" Complex. Although I do not possess anything like this, even close to it. But at least now I understand where and how to move.

Yes, it has been said many times that there will be no more perestroika for free, and not because it is a pity, but because it is **extremely dangerous**, both for others and for the person himself who will find such a freebie. But the very possibility of a qualitative restructuring of the Brain is embodied in the "SvetL" Programs. And this will be given as a reward for diligence, diligence and diligence to the one who will turn the information left to us as a Legacy into his own Knowledge. It would be more accurate to say that under the accompaniment of the "SvetL" Complex, a Person will change himself to the extent of his own **understanding and comprehension of New Knowledge, without imposing old patterns of perception and not turning them into another dogma.**

Only by passing through the filter of enlightenment by Knowledge can one come closer to understanding the responsibility that these possibilities entail. This is a very difficult path. The Path of the hardest, daily Work of the Essence of each Person. But that doesn't mean it's impossible. Anything is possible! It's just that the "impossible" takes more time.

It is also impossible to ignore the time of the transition period in which we all live. It is the multitude of significant events and situations that have taken place that has led to the fact that now the "SvetL" Complex is not just a wellness device, but a **Technology of life support and life support.** During the Ebrov intervention, the absolute majority of people were just biomass for working out truly alien programs and monstrous, both in essence and in implementation, experiments. The person was the subject of material use, was tightly controlled and managed.



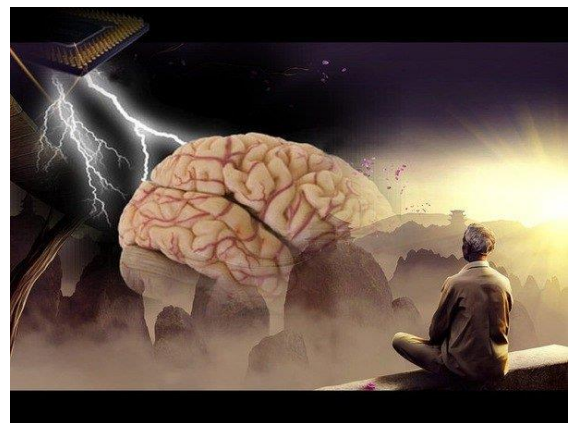
Moreover, the main program of the interventionists was coming to an end. And if she had worked it out to the end, none of us would be alive right now. Due to the fact that the planet would have been blown up as needed ([the Gospel of Alexander](#)). And then the colossal, titanic work of more than half a million years of a huge number of Bright civilizations turned to dust. That is why the Light Forces said they had no right to lose. And with titanic efforts, the victory was literally torn out by the teeth of the enemy from under his nose. The intervention program failed fatally and was stopped. But the victory in the struggle for Midgard at the cosmic and system level did not mean the end of all problems. Completely new, high-quality tasks have appeared.

*(Liberation from the influence of parasites did not mean the immediate restoration of enslaved hierarchies and civilizations and the transition to the true path. It was necessary to **treat them from traces of the parasitic system**, which required quite a long time and huge efforts.)* The fact is that the revived Earth Control System decided to discard all interventional corruption (read: all the achievements of vertical evolution with limited information



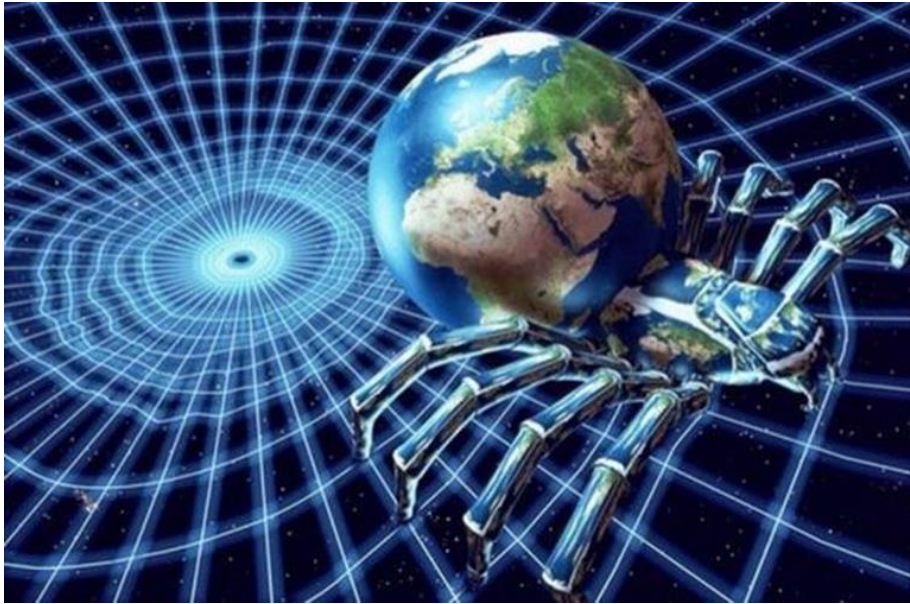
supply) and return to a qualitative state in the zero year of our era. And this decision means incredibly much, both for the planet as a whole and for each man personally. Transmutation of chemical elements, changing many parameters of life support, and much, much more... All this directly affects the life of each of us, starting from the rebellion of consciousness (both personal and public) and a radical change in the appearance of the planet, ending with the failure of a number of organs, the inability to consume certain foods, the emergence of new infections, before which the medicine of pathologists is powerless, the termination of a number of technologies (infrastructure and not only) and, ultimately, the complete collapse of the civilization of consumption. And now honestly ask yourself the question - given all of the above, **will these changes affect you and your family?**

We live during a transitional period, during the breakdown of the consumer civilization, all changes are inevitable and have a global character, and there is no such Person on Midgard who can sit it out! It is absolutely impossible to survive this time without losses and shocks, the question is how to make losses minimal. After all, everything is much more serious than most people used to think. The interventional program of energy biogenesis of the flesh aimed to create a shirt with the possibility of inserting a spider Brain into it.



And they achieved a lot. Our Brains and our flesh were honed exclusively under the Ebrov control system. We had to respond to their control system. Fortunately, now Midgard has been cleared of interventionists, there has been a change of System power. The implementation of old programs has been completely stopped. There is no life support from the old system.

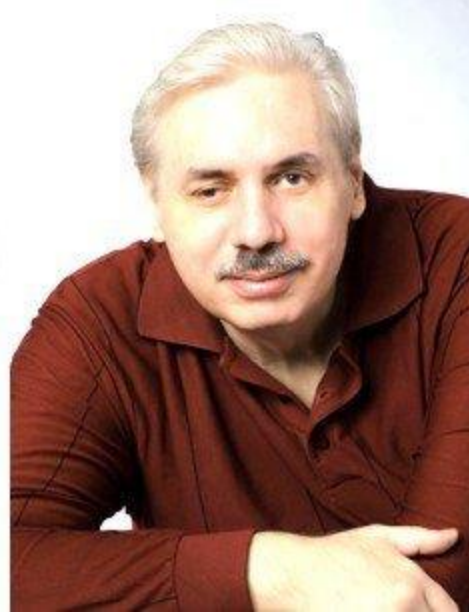
Broadcasts of a controlling nature have been discontinued. The old "horns" or antennas are knocked down.



But the inhabitants of Midgard still have flesh that has lived all its life under the escort of the interventionists. There is still a brain in which the old programs sit rigidly. And without an escort, the flesh malfunctions, and the individual's consciousness fades away, auto motorically performing a program "sewn" into the brain. The new System cannot be consistent with the People inhabiting the planet due to the enormous difference between the parameters of the recreating Earth's Control System and what People represent today. The Native (True) System simply does not See People. And it's incredibly bad for those She doesn't See! By analogy of a Brain that has lost contact with a living cell. It is not by chance that N. Levashov compared the Ebrov civilization with a cancerous tumor. The biostructure cannot exist without external life support. The parameters of life support are changing inexorably, there will never be a return to the old. But if we cannot adjust to the new conditions in time, then we are doomed. It was understanding this that Nicolai Viktorovich Levashov turned His Wellness device into a Technology of recovery, life support and life support of a person. By giving each of us a CHANCE to be integrated into the Future.

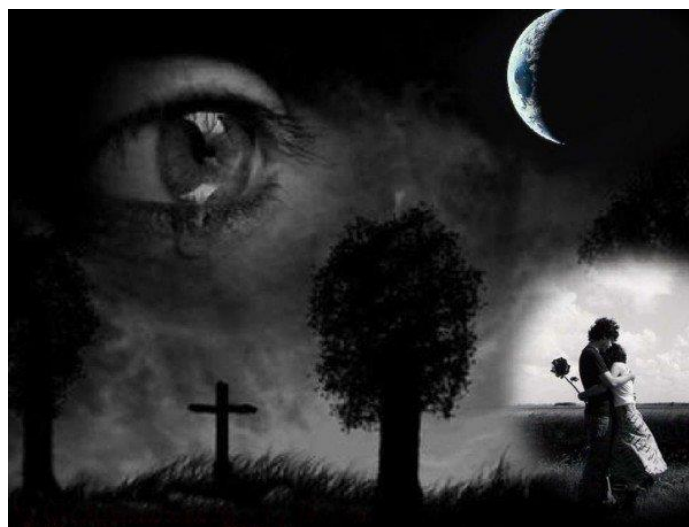
Dear readers! Understand that the "SvetL" Complex is a strategic technology for the comprehensive recreation of a Human Being! Technology, at least on a planetary scale!

Nicolai Viktorovich Levashov Knew that there was a chance He could die. And therefore, he worked out a variant of the development of events in case of his death (see ["The mirror is not his soul"](#)).



The ["SvetL" Program](#) is the Crown Of The Creation Of the Great Russian Scientist! "SvetL" Technologies are the quintessence of everything that Nicolai Levashov Did and Lived by! The Great Rus Put all his Great, Generous, Kind and Just Russian Soul into the ["SvetL" Programs](#)! Absolutely everything that Nicolai Viktorovich Levashov Knew, Was Able and Understood was realized and embodied in the ["SvetL" Programs](#). As always, the Great Russian Scientist Gave his all to the last, Did everything that was possible, Nicolai Viktorovich Levashov simply could not do otherwise. It was created for us, for People, so that we could survive, develop, learn to Create, remember the taste of Life! They remembered what Honor and Dignity are and, ultimately, they were able to Revive Humanity! That's what "SvetL" Programs are!

I sincerely hope that you, dear readers, are in solidarity with me in relation to "SvetL" Technologies! And we return to the topic of health.



As it is written in the beautiful Book "Revelation" by Svetlana Vasilyevna Levashova: *"Nothing that comes for free, due to the great stupidity of man, is appreciated by him. And everything that is given to him free of charge does not require any effort from him."* Unfortunately, many of us begin to appreciate something when it is already lost. And health is no exception here. But when there is no health, almost everything else loses its meaning. And this becomes the most pressing issue, because the disease begins to remind itself with enviable regularity, to one degree or another preventing a Person from living.

And the more serious the problem, the lower the quality of life a Person has. Simply because there is no sphere on which the level of health would not have an impact.

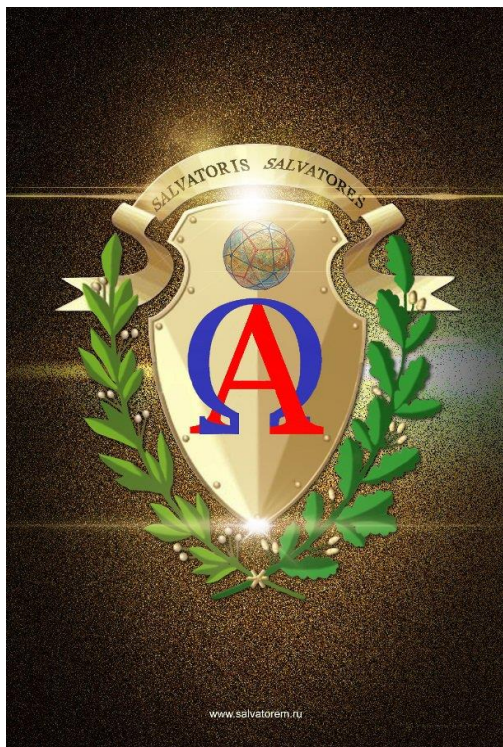
Absolutely everything depends on it: thinking, perception, physical and intellectual activity, and much, much more. I think there is no one who will argue with this. The current health situation is very, very sad. The vast majority of People are seriously and chronically ill. **Residents of cities, especially megacities, live with chronic fatigue, insomnia, allergies, headaches, mental disorders and many other ailments.**



prevent than to treat in the advanced stage. [The "SvetL" Complex is the medicine of the future, which is available today!](#)

Modern pathologists of medicine cannot help people, because it knows nothing about a living cell, Brain, consciousness and is itself an instrument of genocide. And to date, the only real, not ephemeral alternative to modern medicine is the "SvetL" Technology!

All the colossal Healing experience of Nicolai Viktorovich Levashov is concentrated in These Amazing Technologies. The quasi-living organism "SvetL" Operates according to strict algorithms, scanning takes place in many ways at the same time, which allows you to see the situation as it is. Together, these two factors make it possible to completely eliminate medical errors. If a Person's recovery rate is higher than the rate of destruction, then a Person will live and find health, it becomes only a matter of time. If the "SvetL" Complex is used by a healthy person, then this will not only add to his health, but will help to preserve this health by conducting multifaceted preventive activities. After all, any disease is much easier to



But for the future to come for you and me, we need to take active steps to create it. Changes are inevitably coming, there will never be a return to the past. The only question that should concern a Person is whether he will be integrated into **this Future** or not.

In order for this to happen, we must not only help others wake up, give the necessary information, realize the Truth, share all our experience and understanding, but also free ourselves from the vices of the past. As Boris Viktorovich Makov wrote in response to question No. 20: *"And at this hour it is required of you, even if it requires you to step over yourself, to reconsider yourself personally in everything and through everything. To go through "Penance" in everything: in relation to your friends and relatives, in those vicious manifestations that are somehow dragging you in the other direction, morality and the state of the flesh, to find the state of a trustee, if you can already manifest yourself in something (even in explaining materials), be more tolerant to everything*

that even you may not like now, do not show aggressiveness. I am not pastoring, and I do not offer this to you, but to acquire a state of Goodness – believe me, this will be the most difficult state for today's people, and without this it is impossible to be involved in the process of forming a Person." As always, Boris Viktorovich is right: there is no place for the vices of the past in the Future, and it is important to go through "penance" because there is a simple Truth. This Truth lies in the fact that a sick Person makes everything he touches sick, to an extent equal to his physical and mental illnesses. And the Future should be Bright and Clean, excluding diseases and vices of the past. And if a Person wants to participate in his Creation in this Future, he will have to go through "penance".

It is for the opportunity to actively act that health is necessary. Only a Bright and Pure Mind of a healthy Person is able to see the world as it really is, to see the true beauty of Nature and direct his life along the Golden Path of Spiritual Ascent.



"IF YOU'RE HEALTHY, YOU'LL GET EVERYTHING!"

Without health, it is simply impossible to survive the burden that the transition period imposes on us. A person may have a strong will, he may be able to live and act with pain, but you can't fool a physical resource. After flying a jet in afterburner mode, the engines on it are changed! You can't buy a new physical body in a spare parts store and it should be treated carefully and with respect. **Therefore, health should be given the first priority. It is impossible to move on without it.** But the beginning of finding health through the "SvetL" Complex does not give any guarantees for the integration of a Person into the future. When the "SvetL" Complex is activated, in addition to bringing all the bodies of the Essence to a harmonious state, a person is connected to the Earth's Control System through transitional structures and restoration modules embedded in the "SvetL" Complex.

A person receives life support and life-support, erasing old action matrices and receiving new ones. Man is given a chance to survive and be integrated into the Future. **Only a chance is given and nothing more!**



From the moment of activation, each user of the "SvetL" Complex is taken under special control by CS. And every human action is evaluated solely from the point of view of the expediency of integrating this individual into the future. Just like that! Any user of the "SvetL" Complex has a personal sensor of the reviving control system! And your every action will be taken into account and appreciated! The time will come, and a decision will be made for each of us. And in order for this decision to be positive, you will have to work hard! "SvetL" Technologies is a chance for everyone, use it correctly. There will be no second attempt, and there is practically no time today. The rigidity of the events and broadcasts of the CS is constantly growing. Each of us has only one chance. Implement it correctly! Start now!

The question of what to do has been asked more than once. Reread Boris Viktorovich Shmakov's answer to question No. 20, as well as the appeal in the name of the future, providence No. 5 and No. 7.

Based on my own understanding of the current situation, I believe that it is most appropriate and worthy to use my free time for maximum dissemination, illumination and development of "SvetL" Technologies. The reason for this is quite sad.

The fact is that without the help of "SvetL" Programs, a person will not be able to adjust to the ever-increasing rigidity of the parameters of life support and life-support of the recreating CS! Sooner or later, the loss of synchronization will occur, which will entail death.



Everyone has their own plasticity, and without the "SvetL" Complex, it will come sooner or later, but it is guaranteed to come. The higher the Brain genotype, according to the classification of the interventional CS, the further away from the original Human being this creature is. And the more difficult it is for him to exist under the native Earth Control System.

Recently, a very large number of super-rich and high-order managers have left the world. This information is easy to verify. The passing away of parasitic performers is one of the illustrative examples of the activity of the recreating Earth Control System. But the rigidity of the broadcasts will constantly increase at an increasing pace. And very soon the conditions of existence on Midgard will become "very uncomfortable" for the bulk of the population. The methods of care will be different, but the result is always the same. And while the mass death of the sleepers has not yet begun, we, the participants of the "SvetL" Project, still have a negligibly small period of time to save at least someone else.



And even if your activity helps only a few, it will be a lot. Because without our activity there will be even fewer survivors. And what will we **"say to the CS"** when a decision will be made on the expediency of integrating us into the Future?! Everyone knew, understood, but did nothing, lived by themselves? **So, this is a crime**, both in front of yourself and in front of other People. **Possession of Knowledge is "punished" by responsibility and action. That's its price.**

I sincerely hope that I have not tired the reader too much with my philosophy. This philosophy is the most practical, reflected in every Human action. It is really important to realize this when interacting with the "SvetL" Complex. This concludes the theory and moves on to practice. **We return to the question of how to choose positions in the Complex. Vladislav Zhuravlev has already answered this key question in his new article ["How to strengthen interaction with "SvetL" Technologies."](#)** I recommend this article for careful and repeated reading. I can only thank Vladislav and quote from his Work here, because I simply can't write any better.

"A special and significant element for Strengthening Recovery is the utmost concentration of attention on the positions you choose. Simply put, the focus is on those buttons and the power of impact that you want to choose.

In my opinion, simply pressing the buttons is a clear result and an indicator of an absolutely mediocre and, to some extent, lax attitude to the "SvetL" Complex. Because just by clicking on the buttons, no matter what you think about yourself, you almost do not take part in your Recovery, and moreover, the effect of such an impact will be stretched over a very long time. Everything will be done for you, namely, by the Complex itself. And you will only remain an outsider, waiting for a stunning result. And this is a real fact that many users do not want to accept.

I ask you, readers of the article, not to be offended and not to be angry at these words. Because this is only a forerunner to the description of how I came to this Conclusion and changed the QUALITY of Interaction with the Complex, which led, by my Standards, to impressive results in my Recovery and Development. I do not hide my thoughts and ways to

achieve this and share my experience with you in the hope that you will be able to extract the information you need from my experience and use of the "SvetL" Technology quite consciously, day by day, increasing the quality of interaction with the "SvetL" Complex. Believe me: you will like the result. Especially with your recovery and understanding that you were also participants in this important Action.

Alas, for some, I will say right away: I did not get the Knowledge and ways to interact with the Complex at Birth. All this has been worked out by daily Work on yourself. But even despite my Work, my first experience of interacting with the Complex and analyzing Its Actions, I received on 19 October, 2013 in Moscow, when activating the "SvetL" Complex, under the strict supervision and accompanied by the invaluable advice of Alexander Kalenyuk - which I am Sincerely grateful for and Grateful to HIM!

It was Alexander who told me, long before the activation of the Complex, the importance of tuning in to it, especially at the first power-up, during which your synchronization with the "SvetL" Complex takes place. A particularly important nuance that Alexander told me was that: "you can't just mindlessly choose buttons and press. Buttons are just a tool of holographic perception. It is the Brain that activates these positions, and you should not just tune in to pressing buttons, but should already see the desired result, in other words, your Recovery."

When choosing an object of influence (organ, or body system) in the "SvetL" Complex, I carefully looked at the Picture of the selected organ itself. For example, the liver. The intensity of the impact is 100%.

And then I noticed a very interesting nuance, which became the starting point for further understanding: when I tuned in to the liver picture, I already felt my liver. And then it became even more interesting to me and I set myself the task: "to display a three-dimensional holographic image of the liver, taking into account its condition at the moment and prospects for the future."

As a result, I got a holographic projection of the liver with the nuances that were important to me. And then I looked at the picture of the liver in the "SvetL" Complex, with the preservation of this hologram and thought, watching the picture of the liver in the Complex: "full recovery, normalization and improvement of activity! Thank you!". And pressed the button. I realized that we "push" with the BRAIN (mental interaction), and our hands are just a tool for the physical implementation of such an action. However, the most interesting thing happened next.

I paid attention to the hologram created by the BRAIN and was somewhat taken aback, because I saw the overflow of primary matter and saw a scan of the Complex of the state and implementation of the recovery program, taking into account the current state of the liver.

I performed such actions with each position I chose. But I just want to add that I carried out such manipulations in a certain sequence. I propose to consider two examples.

1st example: You launch the "SvetL" Complex for the first time and It adjusts to you.



In this case, I consider it necessary to make a selection of organs using the tuning method as I indicated above. There are 36 positions at your disposal.

Once you have selected all the positions you are interested in, go to the main menu of the Program and press the Off button of the Complex. Confirm the shutdown, and the Complex will shut down. Rather, the tablet will turn off, but not the Primary Matter Generator. And this is a very important nuance. I recommend studying the article "Living Healing Water" in order to somewhat expand your perception about this "nuance" (the most important, in my opinion).

Wait 15 minutes and turn on the Complex. That's it, the impact has begun.

2nd example: You're already using It.

Perhaps, after a long time of use, you want to change several positions.

I reset all the positions in the "Load control" section and turned off the Complex for 20 minutes. Then I activated It and selected all the necessary positions. And after that, I turned it off again for 20 minutes. And after that, I started it and the impact began.

My main concern was the constant analysis of changes in the body and the constant monitoring of the resulting processes. I consider it necessary to add that, in my opinion, it is necessary to plow with a Complex like a couple of oxen.

And, in my opinion, there is another important factor, with the awareness and acceptance of which, it is possible to achieve serious success with the Technology.



This factor IS THE UNDERSTANDING THAT WE NEED TO WORK ON OURSELVES IN A WAY THAT "PAPA CARLO" NEVER DREAMED OF. No one said it would be easy."

The only way I can supplement and confirm Vladislav's words is to tell about my experience in activating the positions of the Complex through the Brain. I was missing two positions: **The bone system: the 4- thorax (ribs and sternum) and the ligament-articular system: 7- ligaments and joints of the spinal column.**

When I realized this, I remembered the words of Alexander Kalenyuk that there are restrictions in the tablet program, but not in the Generator, and if necessary, you can add them. Combining this thought with Vladislav's method of concentrated activation, I decided to additionally activate the missing positions.

I tuned in to the Complex and, after explaining the situation, activated these two positions according to the same algorithm as I activated the 36 allowed by the program. During such work, I bent over the table a little, without noticing it myself. But when I finished and wanted to straighten up, I did not immediately succeed, I felt the load very vividly, especially in the spine. Most of the night, after such activation, I lay in bed unable to move, the sensations were so vivid.

The joy of success is difficult to describe in words. My experience once again confirms that interaction with SvetL Technologies occurs precisely through the Brain. After all, if the activation took place via a tablet, then I would simply have failed, since the software does not allow me to set more than 36 positions. Yes, and this restriction will soon be relaxed. All participants of the ["Path and Procession of the SvetL"](#) saw the prototype of the second-generation Complex.

Not only will the full potential of the "SvetL" Generator be maximized on a pure silicon carrier, but 72 positions will also be allowed to be activated, exactly twice as much as now. This will be done so that almost everything can be activated, since **the health situation of the population is very, very sad.**

In addition, the physical carrier of the Complex and the storage location of the program for the user will be separated, this should minimize the chance of software failure, which sometimes occur in the current version, due to the fact that the "SvetL" Complex passes through huge capacities and the electronics simply cannot withstand. Also, the whole design of the new "SvetL" Complex will maximally push the user to interact through the Brain past all crutches. It's high time for all of us to reach a new level. The new version of the "SvetL" Complex will be the last. The second-generation complex will finally put an end to the issue of health. And there will be no more time to develop something new. We are all waiting for events of very high intensity.



The next most important point in my recovery was the daily consumption of a large amount of structured Water. My morning starts with three glasses. If I have another 20 minutes before leaving the house, then I usually drink two more before leaving. I get about 2.5-3 liters a day. There were days when I drank all 4, but it was only a couple of times. At first glance, it may seem that this is a lot, but it is not. This is purely a matter of habit. I started by regularly drinking one glass every three hours, then I started drinking two at once, then I started drinking Water in the morning. And purposefully increased the consumption rate until it reached a comfortable 2.5 – 3 liters for me.



The incentive was the desire to live an active life and heal from my ailments.

Water after structuring with the Complex becomes a unique medicine just for you. In addition, water is necessary for the removal of toxins from the body.

And it also contains **tritium**, which is very necessary for our Brain, damaged by interventional experiments. It is desirable to store water in glass or ceramics, plastic is the least preferable.

A silver coin or spoon at the bottom of the vessel will be very useful. Before you drink a glass of Water, pay attention to it, concentrate and give the installation – **HEALTH!** Should you be shy?!

This will further enhance the action. The habit of toasting before drinking something exists for a reason - so let's use it for Good. It is better to drink water at home, not to carry it to work or school. In a negative environment, Water will quickly lose many useful properties. This is an incredibly flexible information carrier.

After two hours of treatment with the Complex, let our individual medicine listen to Beethoven's Moon Sonata from the ["NII TSUS"](#), the effect will further intensify. Vladislav Zhuravlev has already answered the question of how to structure it in his articles ["The Technology of "SvetL" and the Creation of Water"](#) and ["SvetL and Healing Living Water"](#).



I will not quote here, since such a topic as **Water** is incredibly large, and my article turned out to be more voluminous than planned.

The last important point in my healing is the [third wellness session](#). I watch it with maximum concentration before going to bed. By the time of writing these lines, I have viewed 50 sessions. I keep a counter in order not to forget to download in time. Plus, this is my personal counter of how long I live according to recommendations.

Over the past 50 days, my health has seriously improved, this is noted not only by me, but also by my loved ones. During this time, I managed to seriously shift fatigue from the dead point, almost completely relieve tension from the muscles, increase the depth of sleep, make the lungs cleaner and increase clarity of consciousness. Thanks to these changes, I have the Strength to study and eliminate current debts. My overall mood improved during the day. I remembered how many interesting things there are and was happy to read several good articles, reread the first volume of Nikolai Viktorovich Levashov's Autobiography, read the 6 rules of the wizard by Terry Goodkind and wrote this article.



Two months ago, this would have been simply impossible due to the lack of health and strength for all this. Of course, I have something to strive for, but the progress itself makes me very happy. "SvetL" Technologies really allow you to move from survival to Life! "SvetL" Technologies are the Road to Life!!!

I would like to end this article with a thank you:

I sincerely thank [Fedor Dmitrievich Shkrudnev](#) for the development and implementation of the entire spectrum of "SvetL" Technologies! For Excellent articles and answers to questions.

I sincerely thank [Kalenyuk Alexander Alexandrovich](#) for His daily, very difficult Work within the framework of the RNTO and a very productive meeting in the city of Yekaterinburg.

I sincerely thank [Vladislav Vadimovich Zhuravlev](#) for His excellent, practical articles, time devoted to me and repeated **shock therapy**.

I ask you to accept sincere gratitude from me!

Sincerely, Alexander Morozov. 07.01.2015

I have the honor!